

# Westchester Knitting Guild Newsletter<sup>©</sup>

This newsletter is for the exclusive use of members of the WKG.



## Leadership Team 2018

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## PREVENTING REPETITIVE STRESS INJURY



June 25, 2018  
7:00 p.m.

Knitting is a repetitive motion which, as many of us know, may lead to strain on the wrists and hands. We've invited a Hand Therapist, to speak to us on knitting injury prevention, treatment and practicing safe knitting techniques.

Whether you've already experienced joint pain from knitting or just want advice on how to prevent it, please come and learn how to knit safely.

*From the President . . . .*

There are many reasons why people take up knitting, and they derive many different benefits from it. Much has been said about the process vs. the product. There are times, that for me, it is about the process; other times, it is more about the product. I recently finished a sweater, something I have not made for myself for many years. I found the process to be exciting, because I learned some new techniques; German short rows and German double twist cast on. In all my years of knitting, I had not come across those techniques. This particular pattern, Ranunculus, by Knit Café Midori provided links to tutorials for each of the techniques used. For me, this project was about both the process and the product.

I came upon this pattern through Mason Dixon Knitting's website. They asked their readers to vote for pre-selected patterns that fell into four different categories. Ranunculus ultimately did not win for its category, but each time I looked at the photo of the sweater it kept talking to me. It turned out to be the perfect pattern for some yarn I overbought without knowing what I would going use it for.

Inspiration comes from many places, and our show and tell time at the beginning of each meeting has inspired many of us to try a project we might not have considered before. Lately, I have found inspiration in some, new to me, knitting publications. Several of these publications integrate knitting into a broader world view including lifestyle, recipes and travel.

Currently, our KAL has been about learning brioche knitting, our June meeting will continue this KAL for those of you who have started to learn this stitch, which seems to be cropping up a lot lately in the world of knitting. Linda Higham and her helpers will be on tap to help you master this technique.

Just a reminder that July is our annual picnic, and once again we are counting on you to bring an appetizer/main course or dessert to share. The guild will provide plates, utensils and drinks.

As always, Happy Knitting

*J. Evelyne Liebmann*

## Brioche Stitch KAL: 2-Color Brioche



Come and learn the Brioche Stitch worked flat in two colors. No previous brioche knitting experience required.

We'll be working from the pattern for BEBEB Scarf by Nancy Marchant

[www.ravelry.com/patterns/library/bebeb-scarf](http://www.ravelry.com/patterns/library/bebeb-scarf)

Bring a copy of the pattern and supplies as listed there. A circular needle is necessary.

Come join us to explore Brioche Knitting on June 25 for the 6 pm KAL before the general meeting.

*Linda Higham*



## RAVELRY PATTERN OF THE MONTH!!



This month's free *Ravelry* pattern is **Simple Garter Stitch** an easy garter stitch slipper pattern knitted flat and seamed with neat crocheted finishing. The pattern calls for two small skeins of fingering weight sock yarn. These yarns are held double (note the opportunity to use up leftover sock yarn from your stash!).



<https://www.ravelry.com/patterns/library/simple-garter-stitch-slippers>

## KNITTING MACHINE FOR SALE

One of the librarians at the Chappaqua Public Library , Daphne Jackson, is interested in selling her “electronic knitting machine & ribber.” Daphne asked us if we could suggest a way of contacting knitters. Since the library has been so nice to us and provided such a good venue, the board decided to return the favor, so to speak, by informing the membership via the newsletter. So, if you are interested, you can contact her directly via email: [dljax@hotmail.com](mailto:dljax@hotmail.com).

## CHARITY KNITTING

Are you thinking of knitting for charity but don't know what is needed? Well, as always, the answer is everything and anything. If you would like some suggestions you can go to: [westchesterknittingguild.com](http://westchesterknittingguild.com), scroll down to “knit for charity” and click on “read more.” Most of the organizations we donate to are listed along with special requirements, e.g., fiber contents.

One thing you might find of interest is that afghans for Afghans is not currently accepting items. They lost their contact in Afghanistan and are trying to find another. I don't want to take their name off the list because I believe the cause is very important. And as soon as they can send items again, I'll be ready with lots of wool socks, mittens and hats.

So, we hope you will continue providing beautiful knit items – all recipients are most grateful and extremely complimentary when they receive a shipment.

Again, we thank you all for your generosity, skill and time spent for others.

*Dorothy Freeman and Linda Cramer*

## MEMBERSHIP RENEWAL TIME

It's time to renew your membership for the 2018 year for our knitting guild. We're very fortunate to be able to maintain our dues at \$35.00 for the year! We have some exciting programs lined up for 2018.

Please make your dues check payable to the Westchester Knitting Guild or WKG in the amount of \$35.00. You may give the check (or cash) directly to me at the next meeting or you may mail it to me at:

Westchester Knitting Guild  
Attn: Jeanne Scofidio  
P. O. Box 141  
Chappaqua, NY 10514

Please include your current address, telephone number and current email address. I will give you (or mail to you) a 2018 WKG membership card and add you to our membership list. I look forward to your continued participation in our guild activities!

Thank you, Jeanne

## UPCOMING TEXTILE ART EVENTS

Through Oct. 8<sup>th</sup>, **Heavenly Bodies, Fashion & The Catholic Imagination**, Metropolitan Museum of Art, New York, NY.

<https://www.metmuseum.org/exhibitions/listings/2018/heavenly-bodies>

Through September 9, **Surface/Depth, The Decorative After Miriam Schapiro**, Museum of Art & Design, New York, NY <http://madmuseum.org/exhibition/surfacedepth>

Through Jan. 13,, 2019, **Color Decoded: The Textiles of Richard Landis**, Cooper Hewit Museum, New York, NY <https://www.cooperhewitt.org/channel/color-decoded/>

Ongoing, **Then and Now: Modern and Contemporary Selections from the Permanent Collection**, Neuberger Museum of Art, Purchase, NY

<https://www.neuberger.org/exhibitions/current/view1/421.html?width=660&height=500>



Richard Landis



Knitting News  
Joan Ratner

## Calendar

- June 25: Hand Therapy for Knitters
- July 23: Summer Picnic with Loopy Mango presentation
- Sept. 23 – Alpacatraz Farm

### MEETING SCHEDULE

6:00 Knit Along  
7:00 Announcements & Show and Tell  
7:15 Program

Meetings are held on the 4th Monday of the month at the  
**Chappaqua Library**  
195 South Greeley Ave.  
Chappaqua, NY 10514-3398  
914-238-4779  
[www.chappaqualibrary.org](http://www.chappaqualibrary.org)

## ANNOUNCEMENTS

- It's time to renew your membership for 2018. Annual dues are \$35. Jeanne will accept payment at the next meeting.
- Please bring finished items for charity to the monthly meetings.
- Please bring donations of yarn and plastic knitting needles for the prison knitting program at Taconic to monthly meetings.
- Guests are welcome. There will be a \$10 fee for guests.

### MEETING ETIQUETTE REMINDER

We are fortunate to have high quality presenters during our monthly meetings. Even if you are not interested in the presentation or mini-workshop, please be respectful of others and remember:

- No talking during presentation
- Wait until Q&A period to ask questions
- Wait for the presentation to end before trying on, or looking at samples

*Thank you for your cooperation.*

[westchesterknittingguild.com](http://www.westchesterknittingguild.com)

Don't forget to check our website and like us on Facebook.

<https://www.facebook.com/WestchesterKnittingGuild>

